About your children's School Meals

We are Eat Culture Education Catering, the caterer at your school and the largest provider in Nottingham.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits you may be entitled to continue having Free School Meals. Check your eligibility and apply at https://www.gov.uk/apply-free-school-meals

Our Food



Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious balanced and also low in fat, sugar and fat

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us.



Main

Dessert

Week: 1 Date: 19th February, 11th March, 15th April, 6th May 3rd June, 24th June, 15th July

Dovecote

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools. \ / = Vegetarian

> For Allergen information please ask a member of the catering team.





Potatoes, Baked Beans

Tuesday

Seasonal Vegetables

Fish Fingers with

Mashed Potatoes and

Roast Chicken & Stuffing with gravy **Roast Potatoes** Vegetable Medley

Wednesday

Beef Bolognaise with Baquette Slice & Seasonal Vegetables

Thursday

Ham & Cheese Pizza. Oven Chips Carrot Sticks or Sweetcorn

Friday

Veggie Sausage. Mashed Potatoes, **Baked Beans**

Sausage, Mashed

Vegaie Chilli with Rice & Seasonal Vegetables

Quorn Roast & Stuffing with gravy Roast Potatoes Vegetable Medley

Veggie Bolognaise with Baquette Slice & Seasonal Vegetables

Cheese & Tomato Pizza. Oven Chips. Carrot Sticks or Sweetcorn

Cheese Sub Roll with Salad

Tomato & Basil Pasta with Baquette Slice & Salad

Cheese & Tomato Panini with Salad

Jacket Potato with Tuna & Salad

Egg Mayonnaise or Cheese Sandwich with Salad

Oaty Cookie Slice with

Chocolate Sponge & Chocolate Custard

Shortbread Cookie

Ice Cream with Fruit

Fruit Muffin Milk

Milk

Fresh Fruit Salad







Week: 2
Date: 26th February, 18th March, 22nd April, 13th May, 10th June, 1st July, 22nd July

Dovecote

For Allergen information please ask a member of the catering team.





Monday

Tuesday

Wednesday

Thursday

Friday



Main

Dessert

Beef Cottage Pie served with Gravy and Seasonal Vegetables Fish Portion
Oven Chips with
Seasonal Vegetables

Roast Beef & Yorkshire
Pudding, Gravy
Mashed Potatoes,
Vegetable Medley

Homemade Sausage Roll served with New Potatoes & Baked Beans BBQ Chicken Pizza with Oven Chips & Sweetcorn



Cheese & Onion Roll served with Diced Potatoes & Seasonal Vegetables

Veggie Fajita Wrap served with Diced Potatoes & Salad Quorn Roast & Gravy, Yorkshire Pudding with Mashed Potatoes Vegetable Medley

Veggie Sausage with New Potatoes & Baked Beans Cheese & Tomato
Pizza with Oven Chips
& Sweetcorn

Tuna Sandwich with Salad

Tomato & Basil Pasta served with Baguette Slice & Seasonal Vegetables Cheese & Tomato Panini served with Salad Spiced Vegetable
Pasty served with
New Potatoes, &
Baked Beans

Jacket Potato with Tuna Mayonnaise & Sweetcorn

Chocolate Brownie

Jelly & Fruit

Marble Cake

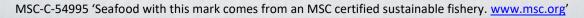
Apple Crumble Muffin Milk/Custard

Oaty Cookie

Fresh Fruit Salad









Week: 3
Date: 4th March, 25th March, 29th April, 20th May, 17th June, 8th July



Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.

For Allergen information please ask a member of the catering team.





Monday

Tuesday

Wednesday

Thursday

Friday



Pork Sausage & Bean Casserole with Mash Potatoes & Seasonal Vegetables Fish Fingers with

Mashed Potatoes &

Seasonal Vegetables

Roast Pork
Stuffing & Gravy
Roast Potatoes
Vegetable Medley

Chicken Kebab with Couscous, Flatbread, Yoghurt Dip & Seasonal Vegetables

Ham Pizza served with Oven Chips & Baked Beans

Cheese Snack served with Mashed Potatoes & Seasonal Vegetables Mexican Veggie
Sausage Pasta served
with Baguette Slice &
Salad

Quorn Roast Stuffing & Gravy Roast Potatoes Vegetable Medley Savoury Veggie Mince served with Mashed Potatoes & Seasonal Vegetables

Cheese & Tomato Pizza, Oven Chips & Baked Beans

Ham Sandwich with Salad

Jacket Potato with Baked Beans & Cheese

Cheese & Tomato Panini served with Salad Cheese Sub Roll with Salad

Tomato & Basil Pasta with Baguette Slice & Salad

Jam Crumble Bar

Sticky Toffee Pudding & Custard

Angel Delight with Fruit

Lemon Drizzle Cup Cake Chocolate Orange Cookie

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Milk

Fresh Fruit Salad



Main



