

About your children's school meals

We are Eat Culture Education Catering, the caterer at your school and the largest school meals provider in Nottingham City.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Dietary Requirements and Allergens

Special diets are important to us. We work with each school to ensure the special diet process is effective, reassuring you that pupils with allergies or intolerances can eat safely with us.

Free School Meals

Free School Meals can save parents up to £437 per year*. School meals are free for primary school children in reception, year 1 and year 2. Ask for Free School Meals at your school office.

*the saving is based on a cost of £2.30 per day for school meals over 38 weeks of the school year.



Our Food

We've been awarded Bronze Food for Life Awards showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced and also low in fat, sugar and salt



British Food Fortnight!

We love British food! It's tasty, fresh and locally grown. Most of the food on our menu comes from British farms. More details about British Food Fortnight are coming soon!

Week: 1
 Date: Sept 4th & 25th, Oct 16th, Nov 20th
 Dec 11th, Jan 15th Feb 5th

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Dovecote

Monday

Tuesday

Wednesday

Thursday

Friday

Sweet Potato Curry with Rice. Flatbread & Yoghurt dip

Salmon Fish Fingers Mashed Potato & Peas

Roast Chicken & Stuffing with gravy
Roast Potatoes
Vegetable Medley

Mince Beef Pie Mashed Potato & gravy. Carrots

Ham & Sweetcorn Pizza
Oven Chips
Carrot Sticks or Sweetcorn

Italian Veggie Meatballs with Tagliatelle Broccoli

Pasta with Arrabiata sauce topped with grated Cheese
Baguette slice
Carrot Sticks or Sweetcorn

Cheese & onion Flan
Roast Potatoes
Vegetable Medley

Veggie Sausage Mashed potato & gravy. Carrots

Cheese & Tomato Pizza
Oven Chips
Carrot Sticks or Sweetcorn

Jacket Potato & Beans & Cheese

Cheese Baguette served with Tomato & Cucumber Sticks

Cheese & Tomato Panini with Vegetable Medley

Tuna Pasta Bake
Carrots

Ham Sandwich with Carrot & Cucumber Sticks

Chocolate Muffin
 Milk

Jelly & Fruit

Shortbread Cookie

Oaty Lemon Slice
 Custard

Fruit Muffin

Fresh Fruit Salad



Main

Dessert



Week: 2
 Date: Sept 11th, Oct 2nd, Nov 6th & 27th
 Dec 18th -Jan 5th, Jan 22nd

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Dovecote

Monday

Tuesday

Wednesday

Thursday

Friday

Jacket Potato & fillings
 Choices are:
Veggie Chilli or
Baked Beans
Cheese
Served with salad

Cheese Snack
Baked Beans
Boiled or Mashed
Potatoes
Salad

Cheese Sandwich with
Carrot & Cucumber
Sticks

Flapjack
Raisins

Fresh Fruit Salad

Fish portion
Mashed Potato
Peas

Pasta with Tomato
& Basil sauce
topped with grated
Cheese
Baguette Slice
Carrots

Ham Baguette
served with Mixed
Salad

Chocolate Brownie
Milk

Fresh Fruit Salad

Roast Beef & Yorkshire
Pudding
Gravy
Roast Potato
Vegetable Medley

Quorn Roast & Gravy
Roast Potato
Vegetable Medley

Cheese & Tomato
Panini
Coleslaw

Shortbread Fudge Slice
with Fruit Wedge

Fresh Fruit Salad

Sausage & Gravy
Mash Potato
Sweetcorn

Veggie Sausage
Gravy
Mash Potato
Sweetcorn

Jacket Potato with
Tuna Mayo
Salad

Ice Cream & Fruit

Fresh Fruit Salad

BBQ Chicken Pizza
Oven Chips
Mixed Salad or
Sweetcorn

Cheese & Tomato
Pizza
Oven Chips
Mixed Salad or
Sweetcorn

Macaroni Cheese
Baguette Slice
Peas

Oaty Apricot Cookie

Fresh Fruit Salad



Main

Dessert



Week: 3
 Date: Sept 18th, October 9th, Nov 13th, Dec 4th,
 Jan 8th & 29th

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.

Dovecote



Monday

Tuesday

Wednesday

Thursday

Friday



Main

BBQ Chicken
Half a Jacket Potato
Baked Beans or Carrots

Fish fingers
Mashed Potato
Peas

Roast Pork
Stuffing & gravy
Roast Potatoes
Vegetable Medley

Chicken Fried Rice
Carrots & Peas

Ham & Sweetcorn
Pizza
Oven Chips
Carrot Sticks or
Sweetcorn

Smokey BBQ Quorn
Half Jacket Potato
Baked Beans or Carrots

Pasta with Tomato &
Mascarpone Sauce,
Baguette Slice
Carrot Sticks and
salad

Quorn Roast
Stuffing & Gravy
Roast Potatoes
Vegetable Medley

Veggie Lasagne
Baguette Slice
Carrots & Peas

Cheese & Tomato
Pizza
Oven Chips
Sweetcorn

Cheese Baguette with
Mixed Salad

Jacket Potato with
Cheese &
Sweetcorn

Cheese & Tomato
Panini
Vegetables

Jacket potato &
Tuna Mayonnaise
Salad

Ham Sandwich with
Salad

Dessert

Fruit Muffin

Cornflake Tart
 Custard

Lemon Drizzle Muffin

Oaty Cookie with
 Fruit Wedge

Chocolate Crunchies

Fresh Fruit Salad

