

About your children's school meals

We are Eat Culture Education Catering, the caterer at your school and the largest school meals provider in Nottingham City.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Dietary Requirements and Allergens

Special diets are important to us. We work with each school to ensure the special diet process is effective, reassuring you that pupils with allergies or intolerances can eat safely with us.

Free School Meals

Free School Meals can save parents up to £437 per year*. School meals are free for primary school children in reception, year 1 and year 2. Ask for Free School Meals at your school office.

*the saving is based on a cost of £2.30 per day for school meals over 38 weeks of the school year.



Our Food

We've been awarded Bronze Food for Life Awards showing that:


- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced and also low in fat, sugar and salt



British Food Fortnight!

We love British food! It's tasty, fresh and locally grown. Most of the food on our menu comes from British farms. More details about British Food Fortnight are coming soon!

Week: 1
Date: Sept 4th & 25th, Oct 16th, Nov 20th
Dec 11th, Jan 15th Feb 5th

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Dovecote

Monday

Sweet Potato Curry with Rice. Flatbread & Yoghurt dip

Italian Veggie Meatballs with Tagliatelle Broccoli

Jacket Potato & Beans & Cheese

Chocolate Muffin Milk

Fresh Fruit Salad

Tuesday

Salmon Fish Fingers Mashed Potato & Peas

Pasta with Arrabiata sauce topped with grated Cheese Baguette slice Carrot Sticks or Sweetcorn

Cheese Baguette served with Tomato & Cucumber Sticks

Jelly & Fruit

Fresh Fruit Salad

Wednesday

Roast Chicken & Stuffing with gravy Roast Potatoes Vegetable Medley

Cheese & onion Flan Roast Potatoes Vegetable Medley

Cheese & Tomato Panini with Vegetable Medley

Shortbread Cookie

Fresh Fruit Salad

Thursday

Mince Beef Pie Mashed Potato & gravy. Carrots

Veggie Sausage Mashed potato & gravy. Carrots

Tuna Pasta Bake Carrots

Oaty Lemon Slice Custard

Fresh Fruit Salad

Friday

Ham & Sweetcorn Pizza Oven Chips Carrot Sticks or Sweetcorn

Cheese & Tomato Pizza Oven Chips Carrot Sticks or Sweetcorn

Ham Sandwich with Carrot & Cucumber Sticks

Fruit Muffin

Fresh Fruit Salad




Main

Dessert



Week: 2
Date: Sept 11th, Oct 2nd, Nov 6th & 27th
Dec 18th - Jan 5th, Jan 22nd

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Dovecote

Monday

Tuesday

Wednesday

Thursday

Friday

Jacket Potato & fillings
Choices are:
Veggie Chilli or
Baked Beans
Cheese
Served with salad

Cheese Snack
Baked Beans
Boiled or Mashed
Potatoes
Salad

Cheese Sandwich with
Carrot & Cucumber
Sticks

Flapjack
Raisins

Fresh Fruit Salad

Fish portion
Mashed Potato
Peas

Pasta with Tomato
& Basil sauce
topped with grated
Cheese
Baguette Slice
Carrots

Ham Baguette
served with Mixed
Salad

Chocolate Brownie
Milk

Fresh Fruit Salad

Roast Beef & Yorkshire
Pudding
Gravy
Roast Potato
Vegetable Medley

Quorn Roast & Gravy
Roast Potato
Vegetable Medley

Cheese & Tomato
Panini
Coleslaw

Shortbread Fudge Slice
with Fruit Wedge

Fresh Fruit Salad

Sausage & Gravy
Mash Potato
Sweetcorn

Veggie Sausage
Gravy
Mash Potato
Sweetcorn

Jacket Potato with
Tuna Mayo
Salad

Ice Cream & Fruit

Fresh Fruit Salad

BBQ Chicken Pizza
Oven Chips
Mixed Salad or
Sweetcorn

Cheese & Tomato
Pizza
Oven Chips
Mixed Salad or
Sweetcorn

Macaroni Cheese
Baguette Slice
Peas

Oaty Apricot Cookie

Fresh Fruit Salad



Main

Dessert



Week: 3

Date: Sept 18th, October 9th, Nov 13th, Dec 4th,
Jan 8th & 29th

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools. ✓ = Vegetarian

For Allergen information please ask a member of the catering team.

Dovecote



Main

Dessert

Monday

BBQ Chicken
Half a Jacket Potato
Baked Beans or Carrots

Smokey BBQ Quorn
Half Jacket Potato
Baked Beans or Carrots

Cheese Baguette with
Mixed Salad

Fruit Muffin

Fresh Fruit Salad

Tuesday

Fish fingers
Mashed Potato
Peas

Pasta with Tomato &
Mascarpone Sauce,
Baguette Slice
Carrot Sticks and
salad

Jacket Potato with
Cheese &
Sweetcorn

Cornflake Tart
Custard

Fresh Fruit Salad

Wednesday

Roast Pork
Stuffing & gravy
Roast Potatoes
Vegetable Medley

Quorn Roast
Stuffing & Gravy
Roast Potatoes
Vegetable Medley

Cheese & Tomato
Panini
Vegetables

Lemon Drizzle Muffin

Fresh Fruit Salad

Thursday

Chicken Fried Rice
Carrots & Peas

Veggie Lasagne
Baguette Slice
Carrots & Peas

Jacket potato &
Tuna Mayonnaise
Salad

Oaty Cookie with
Fruit Wedge

Fresh Fruit Salad

Friday

Ham & Sweetcorn
Pizza
Oven Chips
Carrot Sticks or
Sweetcorn

Cheese & Tomato
Pizza
Oven Chips
Sweetcorn

Ham Sandwich with
Salad

Chocolate Crunchies

Fresh Fruit Salad

